

# EXPERIENCE CANVAS

### DESCRIPTION

With the Experience Canvas, we can start exploring the common ground of the experiences we have lived through within our societies.

This is an opportunity to become familiarised with your teammates, share memories and observations and talk to each other. You can make better sense of your experiences together!

**RECOMMENDED TIME TO COMPLETE:**

50 minutes - Break - 50 minutes

## GUIDELINES

1. Review and discourse among yourselves the Democracy Principle cards. **Are these all the necessary principles?** As a group, discuss if you want to add other principles to your cards. You can use the blank cards for this.
2. As a group, now select the two main principles and write them on the template's axes.
3. Select one of your personal experiences from your handbook, write it on a **Green Post-It**, and place it on the canvas according to the principles you selected as a team.
4. **Are there any relevant details or observations you would like to add?** You can express them on a **Pink Post-It** and place it next to your Experience one.

**PAUSE**

5. With a **Yellow Post-It**, add details on how you would have handled this experience differently?
6. **Share your thoughts!**

